



OMEGA 3

00150



GLUTEN FREE

DESCRIPTION

Not always our diet is balanced and suited to the lifestyle we do.

Heavy foods rich in sugar and fat, combined with a genetic predisposition and sedentary behavior that may affect the optimal plasma levels of cholesterol and triglycerides, and promote the occurrence of problems in the cardiovascular level.

Omega tre contains Omega-3 EE 60% (35/25) fatty acids that can **help and improving hepatic activity**, suppressing the production of triglyceride rich lipoproteins accelerating at the same time, in part, their removal.

The action takes place mostly in hepatocyte level and is linked to a reduced production of VLDL lipoprotein with a high content of triglycerides.

Omega-3 fatty acids can also promote the increase dell'EDRF (relaxation factor of vascular muscle), fibrinolytic activity, the deformability of red blood cells and the increase in HDL. HDL lipoproteins are "good cholesterol" which play an important role in **removing excess cholesterol** from peripheral tissues to bring it to the liver where it can be metabolized.

A diet rich in Omega-3, together with a healthy lifestyle and a healthy diet, can help the **prevention of cardiovascular disease and the maintenance of a healthy circulatory apparatus**.

The crude fish oil is extracted from anchovy and sardine caught. Fishing of these species follows FAO guidelines and is strictly monitored by government authorities to ensure sustainability.

INDICATIONS

SNEP OMEGA 3 is a food supplement based on Omega - 3 fatty acids (EPA and DHA). By taking at least 2 capsules a day, EPA and DHA contribute to normal cardiac function. DHA also contributes to maintaining normal brain function and maintaining normal vision.

INGREDIENTS

Tit **fish** oil. 35% EPA and 25% DHA; Jelly food; Strength agents (*Glycerol*); Vitamin E (*D-alpha-tocopherol*); Antioxidant (*Tocopherol-rich extract*)

HOW TO USE

Two to three capsules a day with meals.
Do not exceed the recommended daily dose.

PACKAGE

90 Softgel

STORAGE

Store in a cool dry place: after opening the product is moisture sensitive, keep tightly closed.
The expiry date refers to the unopened product, properly preserved.

NUTRITIONAL VALUES

mg for 3 capsules		%VNR*
fish oil	1500 mg	
of which EPA	525 mg	
of which DHA	375 mg	
Vitamin E (<i>DL-alpha-tocopheryl acetate</i>)	5 mg	41,7 %
*NRV = Nutrient Reference Value		

WARNINGS

Supplement should not be considered as substitute for a varied and balanced diet and healthy lifestyle. Keep out of the reach of children under three. The expiry date refers to the product when unopened and properly stored.

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