



REALVITA

00120



DESCRIPTION

Realvita - Your Energy and Vital Support for Every Day

Realvita is a food supplement designed to support your daily well-being, thanks to a mix of essential vitamins that contribute to normal energy metabolism.

Key ingredients and their benefits approved by EFSA:

The pool of vitamins C, B2, B3, B5, B6 and B12 is specially designed by our experts to contribute to the reduction of tiredness and fatigue.

Vitamins B1, B2, B3, B6, B5 and B7 work synergistically to contribute to normal energy metabolism. In addition, Vitamins C and B2 contribute to the protection of cells from oxidative stress.

Additional proven benefits of the vitamins in Realvita:

- Vitamin C (L-ascorbic acid): contributes to the normal functioning of the immune system. Supports the normal formation of collagen for healthy skin, bones and cartilage.
- Vitamin B1 (Thiamine): contributes to the normal functioning of the nervous system.
- Vitamin B3 (Niacin): helps maintain healthy skin.
- Vitamin B5 (Pantothenic acid): contributes to the normal synthesis and metabolism of steroid hormones, vitamin D and some neurotransmitters.
- Vitamin B6 (Pyridoxine): supports the normal functioning of the nervous system and contributes to the normal formation of red blood cells.
- Vitamin B9 (Folic acid): contributes to normal hematopoiesis and normal homocysteine metabolism.

- Vitamin B12 (Cyanocobalamin): contributes to the normal formation of red blood cells.
- Biotin (Vitamin B7): contributes to the maintenance of healthy hair, skin and mucous membranes.

Realvita also contains Royal Jelly, a substance produced by bees composed of vitamins, minerals and proteins, which can help improve the general well-being of the body.

Thanks to its natural orange flavor, Realvita offers a pleasant and refreshing experience, making it ideal for daily consumption.

With Realvita, you can support your well-being in a simple and natural way, thanks to carefully selected ingredients and a formulation that meets the highest quality standards. Realvita is your ally in maintaining normal energy levels throughout the day.

INGREDIENTS

Water; Fructose; Citric acid; Sodium lactate sol. 60%; L-carnitine tartrate; Vitamin C (*L-Ascorbic Acid*); Orange aroma; Preservative (*Potassium sorbate*); Vitamin B3 (*Nicotinamide*); Vitamin B5 (*Calcium D-pantothenate*); Royal jelly; Vitamin B6 (*Pyridoxine hydrochloride*); Vitamin B1 (*Chlorhydrate of Thiamine*); Vitamin B2 (*Riboflavin*); Vitamin B9 (*Pteroil-monoglutamic acid*); D-Biotin; Vitamin B12 (*Cyanocobalamin*)

HOW TO USE

1 sachet per day, directly into the mouth or diluted with water.

PACKAGE

30 sachets of 10 ml

STORAGE

Store in a cool dry place: after opening the product is moisture sensitive, keep tightly closed.

The expiry date refers to the unopened product, properly preserved.

NUTRITIONAL VALUES

	per 100 g	per daily dose of a 10 ml sachet	%VNR*
Energetic value	469 Kj / 111 Kcal	7,035 Kj / 1,665 Kcal	

Fat	0,4 g	0,04 g	
of which saturated fatty acids	0,07 g	0,007 g	
carbohydrates	25,9 g	2,59 g	
of which sugars	22,5 g	2,25 g	
Protein	0,5 g	0,05 g	
dietary fibre	0,335 g	0,0335 g	
Salt	0,335 g	0,0335 g	
Ascorbic acid (Vit. C)	0,6 g	60 mg	75%
Thiamine (Vit. B1)	0,021 g	2,1 mg	190,9%
Riboflavin (Vit.B2)	0,024 g	2,4 mg	171,4%
Nicotinamide (Vit PP or B3)	0,235 g	23,5 mg	146,9%
Pyridoxine (Vit. B6)	0,03 g	3 mg	214,3%
Cyanocobalamin (Vit. B12)	0,000015 g	1,5 mcg	60%
Pantothenic acid (Vit. B5)	0,09 g	9 mg	150%
Folic acid (Vit.B9)	0,004 g	400 mcg	200%
Biotin (Vit.H or B8)	0,00045 g	45 mcg	90%
L-Carnitine	1 g	100 mg	
Royal jelly	0,1 g	10 mg	
*NRV = Nutrient Reference Value			

WARNINGS

Supplement should not be considered as substitute for a varied and balanced diet and healthy lifestyle. Keep out of the reach of children under three. **Gluten-free.**

Brand and product owned by:

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