



REALCOMPLEX

00122K



GLUTEN FREE



Keto
FRIENDLY

DESCRIPTION

Snep RealComplex is a dietary supplement that may be useful to facilitate the **body purification** through the liver and kidneys.

The Dandelion promotes detoxification through the liver of toxic substances and metabolites accumulated into our organism.

The Birch can promote diuresis, activity attributed to flavonoids; it may also be useful for preventing kidney stones and gallstones.

The Artichoke can promote a choleretic action for the presence of cynarin, a bitter substance that stimulates the secretion of bile; to this plant are attributed also the eupeptic and stomachic functions.

Snep Real Complex has in its form also some Mineral Salts, including Iron Bisglycinate, which is constituted by a molecule of ferrous iron bound to two molecules of glycine.

This compound containing iron seems to be well tolerated and well absorbed by the gastrointestinal system.

Vitamin C is an important antioxidant that can counteract the action of free radicals, so it can help the body against pollutants, smoking effects and tissues aging; it is also important for the absorption and utilization of iron.

Magnesium citrate can be useful to relax muscles: the citrate may support the body in weariness situations, and such as birch can counteract the onset of some types of kidney stones.

Calcium carbonate may have important function for the bones, together with Vitamin D, and soothing effect to the stomach acid.

With its components, Snep Real Complex can be a great help to **purify the body, to protect it against free radicals, and to maintain a physiological wellbeing.**

INDICATIONS

Realcomplex is a dietary supplement of minerals (magnesium, potassium, calcium, iron), vitamins C and D, with dandelion extracts, Birch and Artichoke.

INGREDIENTS

Magnesium citrate; Potassium citrate; Calcium phosphate; Acidifying (*Tartaric acid*; *Citric acid*); Acidity regulator (*Sodium bicarbonate*); Dandelion (*Taraxacum officinale* Weber) root Dry extract tit. 2% in inulin; Birch (*Betula pendula* R.) leaves Dry extract tit. 2% in hyperoside; Inulin; Artichoke (*Cynara scolymus* L.) leaves Dry extract tit. 2,5% in chlorogenic acid; Vitamin C (*L-Ascorbic Acid*); Orange aroma; Bisglycinated iron; Sweetener (*Sucralose*); Vitamin D (*Cholecalciferol*)

HOW TO USE

1 sachet per day, directly into the mouth or diluted with water. Do not exceed the recommended daily dose.

PACKAGE

30 sachets 8 g.

STORAGE

Store in a cool dry place: after opening the product is moisture sensitive, keep tightly closed.

The expiry date refers to the unopened product, properly preserved.

NUTRITIONAL VALUES

Nutritional information per dose (1 Sachet)	mg x sachet	%VNR*
Magnesium	300 mg	80%
Calcium	400 mg	50%
Potassium	400 mg	20%
Iron	14 mg	100%
Vitamin D (<i>Cholecalciferol</i>)	10 mcg (400UI)	200%
Vitamin C (<i>L-Ascorbic Acid</i>)	160 mg	200%
Dandelion (<i>Taraxacum officinale</i> Weber) Dry extract tit. 2%	400 mg	
of which inulin	8 mg	
Birch (<i>Betula pendula</i> R.) Dry extract tit 2%	400 mg	
of which hyperoside	8 mg	
Artichoke (<i>Cynara scolimus</i> L.) Dry extract 2%	200 mg	

of which chlorogenic acid	4 mg	
Total Inulin	295 mg	
*NRV = Nutrient Reference Value		
Carbohydrates	5,184 g	
of which sugars	0,4 g	
fats referred to	0,04 g	
Saturated fatty acids	0,012 g	
Protein	0,024 g	
Salt	0,2416 g	
Jk / kcal energy	98 kcal	
Energy Value (Kj)	23,2 kj	
Fiber	1 g	

WARNINGS

Supplement should not be considered as substitute for a varied and balanced diet and healthy lifestyle. Keep out of the reach of children under three. **Gluten-free.**

Brand and product owned by:
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