



## **FIT9 PROGRAM COCOA ALOE PEACH 00820**

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### **DESCRIPTION**

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2x Aloe peach  
1x Plus sachets  
1x Total energy caps  
1x Realfibre sachets  
1x Burner  
1x Shaker

**Brand and product owned by:** Sneep SpA Viale Italia 1, 56038, Ponsacco (PI), ITALY



## PLUS VEGAN COCOA WITH GANODERMA 30 SACHETS 00106



MONEY BACK  
GUARANTEE



GLUTEN FREE



GMO FREE



VEGAN

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### DESCRIPTION

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More and more often we are subjected to the frenetic and stressful rhythms of everyday life, not paying more attention and time to eat well and stay fit, leading to people having an excessive body weight.

To obtain an **optimal combination of nutrients** is required a balanced diet, rich in vegetables, fruits, grains, dairy products and fish; however, many people often choose a diet which is inappropriate and unable to provide an ideal daily nutrient intake.

So we created the SNEP PLUS meal replacement that helps you **lose weight and stay in shape** by providing a healthy nutrients support for a lasting psycho-physical well-being over time.

A healthy and balanced diet is essential to control and lose weight.

Our substitute SNEP PLUS meal helps you **limit the intake in calories** at the same time gives you **vitamins, minerals, fiber, carbohydrates and high quality proteins**.

Men and women who wish to lose weight and remain in shape over time, find in SNEP PLUS a very effective ally. Healthy and balanced foods combined with a healthy lifestyle, not a sedentary one is, sedentary is not the best we can offer to our body to stay healthy.

Why use SNEP PLUS:

It contains only the CERTIFIED quality ingredients.

It contains 100% natural ingredients.

GMO Free.

SNEP PLUS HELPS YOU CONCRETELY IN THE AIM OF CONTROLLING WEIGHT, AND HELPS YOU TO IMPROVE YOUR PSYCHO-PHYSICS EFFICIENCY.

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## INDICATIONS

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Snep Plus is a meal substitute that provides a balanced intake of **soy** proteins, which help maintain muscle, and vitamins and minerals combined with natural ingredients. It is suitable for weight control.

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## INGREDIENTS

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**Soy** protein isolate (35%), Fructose, Cocoa powder, Apples fiber, Potassium citrate, Wheat germ oil (*Triticum aestivum* L. *oleum germinis*) powder, Magnesium citrate, Inulin, Thickeners (*Xanthan gum*), Calcium phosphate, *Ganoderma lucidum* (Curtis) P. Karst. *Sporophorum* Dry extract (200 mg), Maltodextrin, Vitamin C (*L-Ascorbic Acid*), Zinc gluconate, Anti-caking agent (*Silicon dioxide*), Iron sulfate, Cocoa flavour, Manganese gluconate, Niacin (*Nicotinamide*), Vitamin E (*DL-alpha-tocopheryl acetate*), Vitamin A (*Retinyl acetate*), Copper gluconate, Vitamin B5 (*Calcium D-pantothenate*), Vitamin D3 (*Cholecalciferol*), Vitamin B6 (*Pyridoxine hydrochloride*), Vitamin B2 (*Riboflavin*), Vitamin B1 (*Chlorhydrate of Thiamine*), Vitamin K (*Phylloquinone*), Vitamin B9 (*Pteroil-monoglutamic acid*), Potassium iodide, Sodium selenite, D-Biotin, Vitamin B12 (*Cyanocobalamin*).

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## HOW TO USE

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Mix 2 table spoon (26 g) or 2 sachets (26 g) with 250 ml of low-fat milk.

Each serving provides 216.91 kcal.

The substitution of two main and daily meals of a low calories diet with meal substitute contributes to weight loss.

The substitution of one main and daily meal of a low calories diet with meal substitutes contributes the maintaining of weight after weight loss.

Use this product as a part of a balanced and varied diet, combined with a healthy lifestyle.

The product is conceived to be combined with a low-calorie diet, which has to include the consumption of other foods and a regular physical activity.

It is necessary to maintain adequate fluid intake and it is important to follow the indications for use.

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## PACKAGE

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PACKAGE 13 gr each 15 servings in 30 sachets



## STORAGE

Keep tightly closed in a cool, dry place.

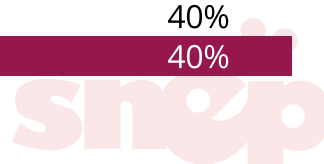
The expiry date refers to the unopened product, properly preserved.

## NUTRITIONAL VALUES

Nutritional values for 250 ml of ready-to-consume product

%VNR\*

Energetic value	911,88 kj / 216,91 kcal	-
fats referred to	7,23 g	-
Saturated fatty acids	4,03 g	-
of which monounsaturated fatty acids	1,67 g	-
unsaturated poly fatty acids	1,29 g	-
linoleic acid	1,08 g	-
Carbohydrates	18,48 g	-
of which sugars	17,95 g	-
dietary fibers	1,9 g	-
Protein	18,53 g	-
Salt	0,593 g	-
vitamins		%VNR*
Vitamin A ( <i>Retinyl acetate</i> )	320 mcg	40%
Vitamin D ( <i>Cholecalciferol</i> )	2 mcg	40%
Vitamin E ( <i>DL-alpha-tocopheryl acetate</i> )	4,8 mg	40%
Vitamin C ( <i>L-Ascorbic Acid</i> )	32 mg	40%
Vitamin B1 ( <i>Chlorhydrate of Thiamine</i> )	0,44 mg	40%
Vitamin B2 ( <i>Riboflavin</i> )	0,56 mg	40%
Vitamin B3 ( <i>Nicotinamide</i> )	6,4 mg	40%
Vitamin B6 ( <i>Pyridoxine hydrochloride</i> )	0,56 mg	40%
Vitamin B9 ( <i>Pteroil-monoglutamic acid</i> )	100 mcg	50%
Vitamin B12 ( <i>Cyanocobalamin</i> )	1,25 mcg	50%
Vitamin H ( <i>Biotin</i> )	20 mcg	40%
Vitamin K ( <i>Phylloquinone</i> )	22,5 mcg	30%
Vitamin B5 ( <i>Calcium D-pantothenate</i> )	2,4 mg	40%
Minerals		%VNR*
Potassium	760 mg	38%
Calcium	397 mg	50%
Phosphorus	280 mg	40%
Magnesium	150 mg	40%
Iron	5,3 mg	38%
Zinc	3,8 mg	38%
Copper	0,4 mg	40%
Manganese	0,8 mg	40%
Selenium	22 mcg	40%



Iodine	60 mcg 40%
Sodium	256 mg - -
Ganoderma lucidum (Curtis) P. Karst. Sporophorum Dry extract	200 mg -
per 26g serving with 250ml parz.skim milk (1.5% fat)	

\*NRV = Nutrient Reference Value

## WARNINGS

Using this weight-control program for long periods, it is advisable to consult a physician, specially in people with chronic kidney diseases or diabetes. Keep out of the reach of children under three. **Gluten-free.** it does not contain GMO-derived products or animal-derived products. **IT CONTAINS SOY.**

**Brand and product owned by:** Snep SpA Viale Italia 1, 56038, Ponsacco (PI), ITALY



**REALFIBRE**  
**00121**



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## DESCRIPTION

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RealFibre is a dietary supplement **made with fibres** that promote the **maintenance and development of a healthy intestinal flora**.

It can be useful in case of constipation or dysbiosis due to an improper diet or antibiotics taking.

The main characteristics of prebiotics are represented by the resistance to digestive processes of the upper gastrointestinal tract and by the selective fermentation for one or for a limited number of micro-organisms of the intestinal flora.

Prebiotics are the nourishment for a good intestinal flora, thus creating unfavorable conditions for pathogenic microorganisms.

FOS (fructo-oligosaccharides) are not hydrolyzed by intestinal enzymes and reach the cecum structurally intact.

Their consumption increases fecal bulk and thus may help to combat constipation.

Inulin is an oligosaccharide formed by long chains of fructose.

Its peculiar characteristic is to favor the presence of Bifidobacteria in the intestine.

Overall, these effects translate into a better intestinal function in **absorption of nutrients**, and into an **aid for intestinal transit**, improving the **well-being of the intestine** and therefore of the whole organism.

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## INDICATIONS

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Realfibre is a dietary fiber supplement (Inulin and apple fiber) with fructoligosaccharides which is required in all cases of increased requirements or reduced intake of these nutrients.

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## INGREDIENTS

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Inulin, Apples fiber, FOS (fruit-oligosaccharides), Aroma of pineapple.

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## HOW TO USE

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1 sachet per day, directly into the mouth or diluted with water.

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## PACKAGE

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30 sachets of 4.01 g



## STORAGE

Store in a cool dry place: after opening the product is moisture sensitive, keep tightly closed.

The expiry date refers to the unopened product, properly preserved.

## NUTRITIONAL VALUES

	mg x sachet
Inulin	3500 mg
Apples fiber	400 mg
Fructo-oligosaccharides	100 mg

## WARNINGS

Do not exceed the recommended daily dose. Keep out of the reach of children under three. Supplement should not be considered as substitute for a varied and balanced diet and healthy lifestyle. **Gluten-free.** Vegan. Sugar free.

**Brand and product owned by:** Snep SpA Viale Italia 1, 56038, Ponsacco (PI), ITALY



## TOTAL ENERGY CAPSULES 00154



GLUTEN FREE



VEGAN



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## DESCRIPTION

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Total Energy is a dietary supplement designed for psychophysical well-being, with its main components being MACA, DAMIANA, GANODERMA, and GUARANA.

Maca is a plant native to the Andes, and its root is rich in carbohydrates, proteins, calcium, iron, selenium, and zinc, making it nutritionally valuable. It is used for its adaptogenic, immunostimulant, and aphrodisiac properties.

Damiana is traditionally used as a tonic and neuromuscular stimulant and as an aphrodisiac.

Active components include essential oils, glycosides, resins, fatty acids, tannins, and polysaccharides.

The tonic and stimulating action can be helpful in cases of physical and mental fatigue, stress, and anxiety.

Ganoderma can assist in preventing metabolic alterations, regulating the immune system, reducing allergies and intolerances, and acting as an adaptogen.

Guarana contains guaranine, an analogue of caffeine (Green Coffee). Catecholamines promote increased body metabolism, heart rate, and respiration.

In athletes, it is useful for improving psychophysical endurance.

Total Energy, in both ampoules and capsules, can support athletes in neuromuscular activity and psychophysical stress. The adaptogenic action can also be useful for coping with everyday stress and fatigue.

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## INDICATIONS

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Guarana: Tonic, for mental and physical fatigue. It helps boost your metabolism and lipid metabolism. Normal body weight balance. Green Coffee: Tonic action and metabolic support. Antioxidant. Ganoderma: body's natural defenses every day. Damiana: Tonic (physical exhaustion, mental). Regularity of intestinal transit. Digestive function. Drainage of body fluids and functionality of the urinary tract. Maca: Tonic-adaptogen. Tonic (physical, mental fatigue). Tonic action and metabolic support.





## INGREDIENTS

Guaranà (Paullinia cupana Kunth) seeds Dry extract tit. 10% in caffeine, Green coffee (Coffea arabica L.) seeds Dry extract tit. 45% in chlorogenic acid and 5% in caffeine, Ganoderma lucidum (Curtis) P. Karst. Sporophorum fungal fruiting body Dry extract tit. 10% in polysaccharides, Maca (Lepidium meyenii Walp.) roots Dry extract 4/1, Damiana (Turnera spread Wild. ex Schult.) leaves Dry extract 4/1, Anhydrous caffeine, Maltodextrin.

## HOW TO USE

3 capsules per day with plenty of water.

## PACKAGE

90 capsules of 500 mg.

## STORAGE

Store in a cool, dry place away from heat sources.  
The expiry date refers to the unopened product, properly preserved.

## NUTRITIONAL VALUES

	mg for 3 capsules
Guarana (Paullinia cupana Kunth) Dry extract tit. 10%	500 mg
of which Caffeine	50 mg
Green coffee (Coffea arabica L.) Dry extract tit. 45% and 5%	200 mg
of which chlorogenic acid	90 mg
of which Caffeine	10 mg
Ganoderma lucidum (Curtis) P. Karst. Sporophorum Dry extract tit. 10% in polysaccharides	200 mg
of which polysaccharides	20 mg
Damiana (Turnera spread Wild. Ex Schult.) Dry extract	100 mg
Maca Dry extract	100 mg
Anhydrous caffeine	80 mg
Total caffeine	140 mg



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## WARNINGS

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Do not exceed the recommended daily dose. Keep out of the reach of children under three. Supplement should not be considered as substitute for a varied and balanced diet and healthy lifestyle. **It contains caffeine: not suitable for children, during pregnancy or breastfeeding.** The product must be consumed within an adequate hypo-caloric diet and healthy lifestyle and good physical activity. For long-term diet, over 3 weeks, please, it is recommended to consult your doctor.

**Brand and product owned by:** Snep SpA Viale Italia 1, 56038, Ponsacco (PI), ITALY



**BURNER**  
**00164**



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## DESCRIPTION

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Food supplement **based on plant extracts and chromium picolinate.**

**Cassia nomame:** metabolism of triglycerides and cholesterol. Balance of body weight.

**Gymnema Sylvestre** promotes the metabolism of carbohydrates and lipids and hunger's control.

**Chromium** contributes to the maintenance of normal levels of glucose in the blood.



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## INDICATIONS

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The product is a dietary supplement based on vegetal extracts and chromium picolinate. Cassia: metabolism of triglycerides and cholesterol. Balance of body weight. Gymnema sylvestre helps the metabolism of carbohydrates and lipids, and the control of hunger feeling. Chromium helps to maintain normal blood glucose levels.

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## INGREDIENTS

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Cassia (Cassia mimosoides var. nomame (Siebold) Makino) leaves Dry extract tit. 8% in flavonoids, Gymnema (Gymnema sylvestre R. BR.) leaves Dry extract 25% gymnemic acids, Hydroxypropyl methylcellulose, Bulking agent (*Maltodextrin*), Chromium picolinate.

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## HOW TO USE

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The recommended dosage is 2 capsules per day, preferably during main meals.

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## PACKAGE

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60 capsules of 510 mg.

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## STORAGE

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Store in a cool dry place, away from sources of heat.

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## NUTRITIONAL VALUES

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Quantities per recommended maximum daily dose (2 capsules)	mg per 2 capsule	%VNR*
Cassia (Cassia mimosoides var. Nomame (Siebold) Makino) Dry extract tit. 8%	400 mg	-
of which flavonoids	240 mcg	-
Gymnema (Gymnema sylvestre R. BR.) Dry extract tit. 25%	400 mg	-
of which gymnemic acid	100 mg	-
Chrome	200 mcg	500%

\*NRV = Nutrient Reference Value



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## WARNINGS

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Do not exceed the recommended daily dose. Keep out of the reach of children under three. Supplement should not be considered as substitute for a varied and balanced diet and healthy lifestyle. The product must be consumed within an adequate hypo-caloric diet and healthy lifestyle and good physical activity. For long-term diet, over 3 weeks, please, it is recommended to consult your doctor. **Gluten-free.**

**Brand and product owned by:** Snep SpA Viale Italia 1, 56038, Ponsacco (PI), ITALY



**SHAKER**  
**90135**

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## DESCRIPTION

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Practical shaker with which to mix your Snep Plus smoothies

**Brand and product owned by:** Snep SpA Viale Italia 1, 56038, Ponsacco (PI), ITALY





## ALOE & PEACH DRINK

00172



GLUTEN FREE



VEGAN

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### DESCRIPTION

Aloe Peach Drink is rich in Aloe fiber, which can help the **functionality of our intestine** by helping **purification and the regularity of the latter**.

GLUTEN FREE

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### INDICATIONS

Aloe Peach Drink is rich in Aloe fiber, which can help the functionality of our intestine by helping purification and the regularity of the latter.

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### INGREDIENTS

Aloe Vera (*Aloe barbadensis* Mill.) gel without epidermis (98%), Acidity regulators (*Sodium lactate sol.* 60%), Acidifying (*Citric acid*), Peach flavour, Preservative (*Potassium sorbate*).

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### HOW TO USE

A 20 ml measure once or twice a day, dissolved in a glass of water.

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## PACKAGE

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1000 ml

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## STORAGE

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Store in a cool, dry place, away from heat sources.

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## NUTRITIONAL VALUES

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mg x dose 40 ml

Aloe Vera (*Aloe barbadensis* Mill.) gel without epidermis\*

39,2 g

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## WARNINGS

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Do not exceed the recommended daily dose. Keep out of the reach of children under three. Supplement should not be considered as substitute for a varied and balanced diet and healthy lifestyle.

**Brand and product owned by:** Snep SpA Viale Italia 1, 56038, Ponsacco (PI), ITALY

