



FIT9 PROGRAM - PEACH ALOE + 100% ORGANIC ALOE AND PLUS 1000g COCOA

Brand and product owned by: Snep SpA Viale Italia 1, 56038, Ponsacco (PI), ITALY





ALOE 100 BIO 00301











DESCRIPTION
Pure Aloe 100% organic Food supplement made with Aloe Vera organic Juice and pulp of Aloe Vera obtained from the inner parenchyma of aloe vera leaves.
GLUTEN FREE
INDICATIONS
100% pure Aloe organic Food supplement based on organic Aloe Vera Juice and pulp of Aloe Vera obtained from the internal parenchyma of aloe vera leaves. Aloin content < 10 ppm.
INGREDIENTS
99,8ml Aloe Vera BIO* (from organic farming) (Aloe barbadensis Mill.) (247,5mg polysaccharides/99ml); Natural citric acid; L-Ascorbic Acid; *from biological agriculture
HOW TO USE
Drink 50 ml once or twice daily, before meals, dissolved in a glass of water.

PACKAGE

STORAGE -

Storage: ambient temperature, in a cool, dry place.

NUTRITIONAL VALUES

	100 ml	50 ml
Energetic value	211,88 kJ (50,46 kcal)	100,94 kJ (25,23 kcal)
Fat	1,5 g	0,75 g
of which saturated	0 g	0 g
carbohydrates	0,2 g	0,1 g
of which sugars	0,1 g	0,05 g
dietary fibers	1,4 g	0,8 g
Protein	8,34 g	4,17 g
Salt	0,02 g	0,01 g

WARNINGS

Do not exceed the recommended daily dose. Supplement should not be considered as substitute for a varied and balanced diet and healthy lifestyle. Consult your doctor if you are pregnant and breastfeeding. Do not use for prolonged periods without consulting your doctor. Keep out of the reach of children.

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(PI), ITALY





TOTAL ENERGY CAPSULES







DESCRIPTION

Total Energy is a dietary supplement designed for psychophysical well-being, with its main components being MACA, DAMIANA, GANODERMA, and GUARANA.

Maca is a plant native to the Andes, and its root is rich in carbohydrates, proteins, calcium, iron, selenium, and zinc, making it nutritionally valuable. It is used for its adaptogenic, immunostimulant, and aphrodisiac properties.

Damiana is traditionally used as a tonic and neuromuscular stimulant and as an aphrodisiac.

Active components include essential oils, glycosides, resins, fatty acids, tannins, and polysaccharides.

The tonic and stimulating action can be helpful in cases of physical and mental fatigue, stress, and anxiety.

Ganoderma can assist in preventing metabolic alterations, regulating the immune system, reducing allergies and intolerances, and acting as an adaptogen.

Guarana contains guaranine, an analogue of caffeine (Green Coffee). Catecholamines promote increased body metabolism, heart rate, and respiration.

In athletes, it is useful for improving psychophysical endurance.

Total Energy, in both ampoules and capsules, can support athletes in neuromuscular activity and psychophysical stress. The adaptogenic action can also be useful for coping with everyday stress and fatigue.

INDICATIONS
Guarana: Tonic, for mental and physical fatigue. It helps boost your metabolism and lipid metabolism. Normal body weight balance. Green Coffee: Tonic action and metabolic support. Antioxidant. Ganoderma: body's natural defenses every day Damiana:Tonic (physical exhaustion, mental). Regularity of intestinal transit. Digestive function. Drainage of body fluids and functionality of the urinary tract. Maca: Tonic adaptogen. Tonic (physical, mental fatigue). Tonic action and metabolic support.
INGREDIENTS
Guaranà (Paullinia cupana Kunth) seeds Dry extract tit. 10% in caffeine; Green coffee (Coffea arabica L.) seeds Dry extract tit. 45% in chlorogenic acid and 5% in caffeine Ganoderma lucidum (Curtis) P. Karst. Sporophorum fungal fruiting body Dry extract tit. 10% in polysaccharides; Maca (Lepidium meyenii Walp.) roots Dry extract 4/1 Damiana (Turnera spread Wild. ex Schult.) leaves Dry extract 4/1; Anhydrous caffeine Maltodextrin
HOW TO USE
3 capsules per day with plenty of water.
PACKAGE
90 capsules of 500 mg.
STORAGE
Store in a cool dry place away from heat sources

Store in a cool, dry place away from heat sources. The expiry date refers to the unopened product, properly preserved.

NUTRITIONAL VALUES -

	mg for 3 capsules
Guarana (Paullinia cupana Kunth) Dry extract tit. 10%	500 mg
of which Caffeine	50 mg
Green coffee (Coffea arabica L.) Dry extract tit. 45% and 5%	200 mg
of which chlorogenic acid	90 mg
of which Caffeine	10 mg
Ganoderma lucidum (Curtis) P. Karst. Sporophorum Dry extract tit. 10% in polysaccharides	200 mg
of which polysaccharides	20 mg

Damiana (Turnera spread Wild. Ex Schult.) Dry extract	100 mg
Maca Dry extract	100 mg
Anhydrous caffeine	80 mg
Total caffeine	140 mg

WARNINGS

Do not exceed the recommended daily dose. Keep out of the reach of children under three. Supplement should not be considered as substitute for a varied and balanced diet and healthy lifestyle. It contains caffeine: not suitable for children, during pregnancy or breastfeeding. The product must be consumed within an adequate hypo-caloric diet and healthy lifestyle and good physical activity. For long-term diet, over 3 weeks, please, it is recommended to consult your doctor.

Brand and product owned by:

Snep SpA Viale Italia 1, 56038, Ponsacco (PI), ITALY





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Food supplement based on plant extracts and chromium picolinate.

Cassia nomame: metabolism of triglycerides and cholesterol. Balance of body weight. **Gymnema Sylvestre**: promotes the metabolism of carbohydrates and lipids and hunger's control.

Chromium: contributes to the maintenance of normal levels of glucose in the blood.

-----INDICATIONS -----

The product is a dietary supplement based on vegetal extracts and chromium picolinate. Cassia: metabolism of triglycerides and cholesterol. Balance of body weight. Gymnema sylvestre helps the metabolism of carbohydrates and lipids, and the control of hunger feeling. Chromium helps to maintain normal blood glucose levels.

-----INGREDIENTS

Cassia (Cassia mimosoides var. nomame (Siebold) Makino) leaves Dry extract tit. 8% in flavonoids; Gymnema (Gymnema sylvestre R. BR.) leaves Dry extract 25% gymnemic acids; Hydroxypropyl methylcellulose; Bulking agent (*Maltodextrin*); Chromium picolinate

HOW TO USE

The recommended dosage is 2 capsules per day, preferably during main meals.

PACKAGE		
60 capsules of 510 mg.		
STORAGE		
Store in a cool dry place, away from sources of heat.		
———— NUTRITIONAL VALUES		
Quantities per recommended maximum daily dose (2 capsules)	mg per 2 capsule	%VNR*
Cassia (Cassia mimosoides var. Nomame (Siebold) Makino) Dry extract tit. 8%	400 mg	-
of which flavonoids	32 mg	-
Gymnema (Gymnema sylvestre R. BR.) Dry extract tit. 25%	400 mg	-
of which gymnemic acid	100 mg	-

WARNINGS

Chrome

*NRV = Nutrient Reference Value

Do not exceed the recommended daily dose. Keep out of the reach of children under three. Supplement should not be considered as substitute for a varied and balanced diet and healthy lifestyle. The product must be consumed within an adequate hypocaloric diet and healthy lifestyle and good physical activity. For long-term diet, over 3 weeks, please, it is recommended to consult your doctor. Gluten-free.

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200 mcg

500%





SHAKER 90135

DESCRIPTION

Practical shaker with which to mix your Snep Plus smoothies

Brand and product owned by: Snep SpA Viale Italia 1, 56038, Ponsacco (PI), ITALY





ALOE & PEACH DRINK 00172







DESCRIPTION
Aloe Peach Drink is rich in Aloe fiber, which can help the functionality of our intestine by helping purification and the regularity of the latter.
GLUTEN FREE
INDICATIONS
Aloe Peach Drink is rich in Aloe fiber, which can help the functionality of our intestine by helping purification and the regularity of the latter.
INGREDIENTS
Aloe Vera (Aloe barbadensis Mill.) gel without epidermis (98%); Acidity regulators (<i>Sodium lactate sol. 60%</i>); Acidifying (<i>Citric acid</i>); Peach flavour; Preservative (<i>Potassium sorbate</i>)
HOW TO USE
A 20 ml measure once or twice a day, dissolved in a glass of water.
PACKAGE

STORAGE

Store in a cool, dry place, away from heat sources.

NUTRITIONAL VALUES

	mg x dose 40 ml	100ml
Energetic value	24kJ / 5,6kcal	60kJ / 14kcal
fats referred to	0,656g	1,64g
Saturated fatty acids	0,008g	0,0200g
carbohydrates	1,28g	3,2g
of which sugars	1,28g	3,2g
dietary fibre	0,096g	0,240g
Protein	0g	0g
Salt	0,092g	0,230g
Aloe Vera (Aloe barbadensis Mill.) gel without epidermis*	39,2g	98g

WARNINGS

Do not exceed the recommended daily dose. Keep out of the reach of children under three. Supplement should not be considered as substitute for a varied and balanced diet and healthy lifestyle.

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PLUS VEGAN COCOA 1000g 30201









DESCRIPTION

Are you looking for a quick and convenient meal replacement that offers you balanced nutrition? Snep PLUS is for you!

The Snep smoothie is practical, easy to prepare and provides you with all the nutrients you need. *

Thanks to the mix of vegetable proteins, carbohydrates, fiber, vitamins and minerals, it supports your wellness and weight control goals.

Keep your food standards high. Whether for a complete breakfast, a quick lunch or a nutritious dinner, Snep PLUS is designed to guarantee a balanced amount of nutrients while keeping calories under control.

Choose your favorites from many varieties of flavors and versions:

Classic Formula

- Plus Vanilla
- Plus Cappuccino
- Plus Cookies and Cream
- Plus Passion fruit
- Plus Goji and Açai

Vegan Formula

Vegan Plus Cacao

- Vegan Plus Coconut (without soy)
- Vegan Plus Pineapple (without soy)
- Vegan Plus Coconut-Z (without soy, without added sugars)
- Vegan Plus Cacao-Z (without added sugars)
- Salti Plus Mushroom (Salty formula)
- Plus Vegan Mix (Salty formula)

The attention and care we pay to the environment in which we live and to the future of our children leads us to choose 100% non-GMO ingredients and lighter packaging for reduced plastic consumption (1 kg bag) or 100% plastic free (520g jar).

Customize your Snep Plus with your favorite fruit and vegetables, for a unique taste rich in extra nutrients. **

*Snep PLUS is a meal replacement shake for a low-calorie diet. It provides the necessary amount of nutrients in terms of vitamins and minerals, protein and fiber.

**To be used as a meal replacement for weight control only if prepared according to the instructions for use indicated on the label.

-----INDICATIONS -

Snep Plus is a meal substitute that provides a balanced intake of **soy** proteins, which help maintain muscle, and vitamins and minerals combined with natural ingredients. It is suitable for weight control.

— INGREDIENTS —

Soy protein isolate (35%); Fructose; Dutch cocoa powder; Apples fiber; Potassium citrate; Wheat germ oil (Triticum aestivum L. oleum germinis) powder; Magnesium citrate; Inulin; Thickeners (*Xanthan gum*); Calcium phosphate; Ganoderma lucidum (Curtis) P. Karst. Sporophorum Dry extract (200 mg); Maltodextrin; Vitamin C (*L-Ascorbic Acid*); Zinc gluconate; Anti-caking agent (*Silicon dioxide*); Iron sulfate; Cocoa flavour; Manganese gluconate; Niacin (*Nicotinamide*); Vitamin E (*DL-alpha-tocopheryl acetate*); Vitamin A (*Retinyl acetate*); Copper gluconate; Vitamin B5 (*Calcium D-pantothenate*); Vitamin D3 (*Cholecalciferol*); Vitamin B6 (*Pyridoxine hydrochloride*); Vitamin B2 (*Riboflavin*); Vitamin B1 (*Chlorhydrate of Thiamine*); Vitamin K (*Phylloquinone*); Vitamin B9 (*Pteroil-monoglutamic acid*); Potassium iodide; Sodium selenite; D-Biotin; Vitamin B12 (*Cyanocobalamin*)

HOW TO USE –

Mix 2 table spoon (26 g) or 2 sachets (26 g) with 250 ml of low-fat milk. Each serving provides 216.91 kcal.

The substitution of two main and daily meals of a low calories diet with meal substitute contributes to weight loss.

The substitution of one main and daily meal of a low calories diet with meal substitutes contributes the maintaining of weight after weight loss.

Use this product as a part of a balanced and varied diet, combined with a healthy lifestyle.

The product is conceived to be combined with a low-calorie diet, which has to include the consumption of other foods and a regular physical activity.

It is necessary to maintain adequate fluid intake and it is important to follow the indications for use.

	PACKAGE	
	17(31)	
1000g		
J		
	STORAGE	
	STORAGE	

Keep tightly closed in a cool, dry place.

The expiry date refers to the unopened product, properly preserved.

NUTRITIONAL VALUES ———

Nutritional values for 250 ml of ready-to-consume product		%VNR*	
Energetic value	911,88 kj / 216,91 kcal	-	
fats referred to	7,23 g	-	
Saturated fatty acids	4,03 g	-	-
of which monounsaturated fatty acids	1,67 g	-	
unsaturated poly fatty acids	1,29 g	-	
linoleic acid	1,08 g	-	-
Carbohydrates	18,48 g	-	-
of which sugars	17,95 g	-	
dietary fibers	1,9 g	-	
Protein	18,53 g	-	
Salt	0,593 g	-	
vitamins		%VNR*	
Vitamin A (<i>Retinyl acetate</i>)	320 mcg	40%	
Vitamin D (<i>Cholecalciferol</i>)	2 mcg	40%	
Vitamin E (<i>DL-alpha-tocopheryl acetate</i>)	4,8 mg	40%	
Vitamin C (<i>L-Ascorbic Acid</i>)	32 mg	40%	
Vitamin B1 (<i>Chlorhydrate of Thiamine</i>)	0,44 mg	40%	-
Vitamin B2 (<i>Riboflavin</i>)	0,56 mg	40%	
Vitamin B3 (<i>Nicotinamide</i>)	6,4 mg	40%	

Vitamin B6 (<i>Pyridoxine hydrochloride</i>)	0,56 mg	40%	
Vitamin B9 (<i>Pteroil-monoglutamic acid</i>)	100 mcg	50%	
Vitamin B12 (<i>Cyanocobalamin</i>)	1,25 mcg	50%	
Vitamin H (<i>Biotin</i>)	20 mcg	40%	
Vitamin K (<i>Phylloquinone</i>)	22,5 mcg	30%	
Vitamin B5 (<i>Calcium D-pantothenate</i>)	2,4 mg	40%	
Minerals		%VNR*	
Potassium	760 mg	38%	
Calcium	397 mg	50%	
Phosphorus	280 mg	40%	
Magnesium	150 mg	40%	
Iron	5,3 mg	38%	
Zinc	3,8 mg	38%	
Copper	0,4 mg	40%	
Manganese	0,8 mg	40%	
Selenium	22 mcg	40%	
lodine	60 mcg	40%	
Sodium	256 mg	-	-
Ganoderma lucidum (Curtis) P. Karst. Sporophorum Dry extract	200 mg	-	
per 26g serving with 250ml parz.skim milk (1.5% fat)			
*NRV = Nutrient Reference Value			

WARNINGS -

Using this weight-control program for long periods, it is advisable to consult a physician, specially in people with chronic kidney diseases or diabetes. Keep out of the reach of children under three. **Gluten-free**. **IT CONTAINS SOY**. it does not contain GMO-derived products or animal-derived products.

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REALFIBRE









DESCRIPTION

Realfibre is a food supplement containing fibres that promote the maintenance and development of healthy intestinal flora.

They can be useful in cases of constipation, dysbiosis due to incorrect nutrition or from taking antibiotics.

The main characteristics of prebiotics are resistance to digestive processes in the upper gastrointestinal tract and selective fermentation for one or a limited number of microorganisms in the intestinal flora.

Prebiotics provide nourishment for good gut flora, thus creating unfavourable conditions for pathogenic microorganisms.

Dietary FOS (fructo-oligosaccharides) are not hydrolysed by intestinal enzymes and reach the cecum structurally intact.

Their consumption increases faecal mass and can therefore be helpful in combating constipation.

Inulin is an oligosaccharide consisting of long chains of fructose.

Its special characteristic is that it promotes the presence of Bifidobacteria in the intestine.

All in all, these effects result in improved intestinal function in terms of nutrient absorption and an aid to intestinal transit, promoting the well-being of the intestine and thus of the entire organism.

INDICATIONS

Realfibre is a dietary fiber supplement (Inulin and apple fiber) with fructoligosaccharides witch is required in all cases of increased requirements or reduced intake of these nutrients.

INCREDIENTS	
INGREDIENTS	
Inulin; Apple fiber; Fructo-oligosaccharides; Ananas flavour	
HOW TO USE	
Take 4 g of product directly in the mouth or dissolved in a glas	s of water.
PACKAGE	
120 g	
STORAGE	
Store in a cool dry place: after opening the product is moistur closed. The expiry date refers to the unopened product, properly pres	, ,
———— NUTRITIONAL VALUES —	
Quantities per recommended maximum daily dose (4g)	
Inulin	3.500 mg
Apple fiber	400 mg
Fructo-oligosaccharides	100 mg
Do not exceed the recommended daily dose. Keep out of the three. Supplement should not be considered as substitute for diet and healthy lifestyle.	
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