



REISHI 200 CAPSULES

00139



GLUTEN FREE



VEGAN



DESCRIPTION

Ganoderma is a fungus that grows on wood, preferably chestnut and oak in decomposition, and is well-known in Eastern countries where it is attributed with many beneficial properties.

It is a tough fungus rich in tannins, thus of little gastronomic interest. Among the many active principles contained in *Ganoderma lucidum*, Beta-glucans, found abundantly in the fungus's cell walls, should be noted.

INDICATIONS

Food supplement based on *Ganoderma lucidum* which stimulates body's natural defence system.

INGREDIENTS

Ganoderma lucidum (Curtis) P. Karst. Sporophorum Dry extract tit. 30% in polysaccharides; Hydroxypropyl methylcellulose; Anti-caking agents (*Silicon dioxide*; *Magnesium salts of fatty acids*)

HOW TO USE

We recommend taking 3 capsules a day, at breakfast time or at the main meal.

PACKAGE

200 capsules of 500 mg.

STORAGE

Store in a cool, dry place away from heat sources.

After opening the seal, the product is moisture sensitive, keep tightly closed.

NUTRITIONAL VALUES

	100g	3 Capsules
Energetic value	1552 Kj / 366 Kcal	23,28 Kj / 5,49 Kcal
Fat	1 g	0,015 g
of which saturated fatty acids	0,13 g	0,002 g
carbohydrates	86,7 g	1,3 g
of which sugars	3,3 g	0,05 g
Protein	0,4 g	0,006 g
dietary fibre	4,31 g	0,065 g
Salt	0,07 g	0,001 g
Reishi dry extract tit. 30%	80 g	
of which polysaccharides	24 g	

WARNINGS

Keep out of the reach of children under three. Do not exceed the recommended daily dose. Supplement should not be considered as substitute for a varied and balanced diet and healthy lifestyle. **Gluten-free.**

Brand and product owned by:

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