



REISHI 200 CAPSULES

00139



DESCRIPTION

Ganoderma is a fungus that grows on wood, preferably chestnut and oak in decomposition, and is well-known in Eastern countries where it is attributed with many beneficial properties.

It is a tough fungus rich in tannins, thus of little gastronomic interest. Among the many active principles contained in Ganoderma lucidum, Beta-glucans, found abundantly in the fungus's cell walls, should be noted.

INDICATIONS

Food supplement based on Ganoderma lucidum which stimulates body's natural defence system.

INGREDIENTS

Ganoderma lucidum (Curtis) P. Karst. Sporophorum Dry extract tit. 30% in polysaccharides; Hydroxypropyl methylcellulose; Anti-caking agents (*Silicon dioxide; Magnesium salts of fatty acids*)

HOW TO USE

We recommend taking 3 capsules a day, at breakfast time or at the main meal.

PACKAGE

200 capsules of 500 mg.

STORAGE

Store in a cool, dry place away from heat sources.
After opening the seal, the product is moisture sensitive, keep tightly closed.

NUTRITIONAL VALUES

	100g	3 Capsules
Energetic value	1552 Kj / 366 Kcal	23,28 Kj / 5,49 Kcal
Fat	1 g	0,015 g
of which saturated fatty acids	0,13 g	0,002 g
carbohydrates	86,7 g	1,3 g
of which sugars	3,3 g	0,05 g
Protein	0,4 g	0,006 g
dietary fibre	4,31 g	0,065 g
Salt	0,07 g	0,001 g
Reishi dry extract tit. 30%	80 g	
of which polysaccharides	24 g	

WARNINGS

Keep out of the reach of children under three. Do not exceed the recommended daily dose. Supplement should not be considered as substitute for a varied and balanced diet and healthy lifestyle. **Gluten-free.**

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